

**A Week of Guided Prayer
St Gregory's, Preston
14th - 20th February, 2016**



The Scriptures are full of invitations and promises - words of consolation, compassion, forgiveness and healing.

During a Week of Guided Prayer, we are helped to see that the Word of God is spoken to each one of us here and now in our daily life.

Again and again Jesus encourages us, "Do not be afraid". Even if you are, take the risk!

In the Week of Prayer, you agree to spend a little time each day on your own to pray. You meet each day at St Gregory's with your own personal Prayer Guide or Companion. Your Prayer Guide is there just to do that - guide and help you. There's a meeting of everyone at 2.30pm on Sunday 14th February to get going - and that's it.

There is no charge for the Week but we do ask for a donation to help us cover the costs of the week.